



Stranger Awareness and Avoidance



Space is limited
Taught to over
15,000 Children!

This age-appropriate course is designed to teach children through role-play and repetitive hands-on training the importance of awareness and setting appropriate boundaries. Students practice their techniques against a “mock” bully and a “mock” stranger in fun, interactive play scenarios. **PlayItSafe** provides powerful skills to teach children to recognize inappropriate behavior and to trust their instincts when someone or something doesn’t feel right. Self-defense techniques are also incorporated into the class. Students will receive an “Awareness” award and valuable reference materials to take home. Scouts earn a “patch.”

Saint John School presents
FUN! Self-Defense Training for Children
Grades: 3rd-5th
Date: Tuesday, September 14th
Time: 2:45-4:45pm. Parish Hall
Cost: \$15.00 (Checks made to Play It Safe)
Register: **Must Pre-register by September 9th**
Please return bottom waiver form & payment to the office
 Parents are encouraged to attend

Dealing with Bullies & Teasing



Refunds for cancellations will be given if notified one week before the clinic, but will not be available after that time.

If student has an existing medical condition which may be questioned in the student performing martial arts activities **PLAY IT SAFE & Saint John School** will require a medical statement from your doctor before student participates in classes. By student or their parents signing this application, they acknowledge he or she (student) is in good health and may perform martial arts activities. Student, or their parents, acknowledges the existence of the potential for personal injury in participating in a course of instruction in an activity such as self-defense training and/or Karate, and that he/she is assuming this risk without liability to **PLAY IT SAFE & Saint John School** or its instructors, by executing this agreement and participating in said course of instruction. Also, I hereby release **PLAY IT SAFE & Saint John School**, their instructors and assistants of any liability from criminal and/or civil liability should the above student violate state law regarding the use of force.

Student’s name: _____ GRADE: _____ Parent’s Signature: _____
 Date: _____ PHONE NUMBER _____ E-MAIL _____